



BHS Lunch

May 2017

1

Chicken Fried Steak w/ Gravy
Ham Chef Salad
Chicken Tenders
Turkey Sandwich
Buffalo Chicken Pizza

Sides: mashed potatoes, fresh broccoli, orange, mixed fruit, apple juice

2

Rotini w/ Meat Sauce
Spicy Popcorn Chicken Salad
Popcorn Chicken
BBQ Chicken Wrap
Vegetable Pesto Pizza

Sides: green beans, fresh red pepper strips, orange, **fresh apple slices**, applesauce

3

Grilled Cheese w/ Tomato Soup
Tossed Salad w/ Cheese
Spicy Chicken Patty Sand.
Ham, Turkey & Cheese Wrap
Philly Cheesesteak Pizza

Sides: steamed carrots, fresh zucchini, orange, banana, **fresh apple**

4

Chicken Chili Crispito Sticks
Egg Caesar Salad
Chicken Nuggets
Chicken Ranch Wrap
Bruschetta Pizza

Sides: vegetarian baked beans, celery sticks, orange, **fresh watermelon**, applesauce

5

Sausage Pancake Wrap w/ Tater Tots
Ham Pizza Salad
Spicy Popcorn Chicken
Turkey Sandwich
Chicken Parmesan Pizza

Sides: steamed spinach, fresh baby carrots, orange, **fresh apple**, diced peaches

8

Pizza Sticks w/ Marinara
Ham Chef Salad
Chicken Tenders
Turkey Sandwich
Sausage Pizza

Sides: golden corn, fresh tomato wedges, orange, apple juice, mixed fruit

9

Popcorn Chicken
Mashed Potato Bowl
Egg Caesar Salad
Popcorn Chicken
Ham, Turkey & Cheese Sand.
Taco Pizza

Sides: mixed veggies, fresh cucumber slices, orange, **fresh apple slices**, applesauce

10

Florentine Chicken Flatbread
Popcorn Chicken Salad
Spicy Chicken Sandwich
Ham, Turkey & Cheese Wrap
BBQ Sriracha Pizza

Sides: vegetarian baked beans, celery sticks, orange, banana, **fresh apple**

11

Florentine Chicken Flatbread
Ham & Turkey Chef Salad
Chicken Nuggets
Ham, Turkey & Cheese Sand.
Hawaiian Pizza

Sides: campfire beans, fresh baby carrots, orange, **fresh watermelon**, applesauce

12

Florentine Chicken Flatbread
Ham Pizza Salad
Spicy Popcorn Chicken
Turkey & Cheese Wrap
BBQ Chicken Pizza

Sides: steamed broccoli, fresh red pepper strips, orange, **fresh apple**, diced peaches

15

Pizza Sticks w/ Marinara
Ham Chef Salad
Chicken Tenders
Buffalo Chicken Ranch Wrap
Sausage Pizza

Sides: golden corn, fresh broccoli, orange, apple juice, mixed fruit

16

Spicy Popcorn Chicken Nugget Bowl
Spicy Popcorn Chicken Salad
Popcorn Chicken
Ham, Turkey & Cheese Sand.
Pizza Loco

Sides: green beans, fresh red pepper strips, orange, **fresh apple slices**, applesauce

17

Orange Popcorn Chix w/ Broccoli & Rice
Tossed Salad w/ Cheese
Spicy Chicken Sandwich
Ham, Turkey & Cheese Wrap
Pizza Loco

Sides: cinnamon sweet potatoes, fresh zucchini, orange, banana, **fresh apple**

18

Penne w/ Tomato Alfredo & Chicken
Ham & Turkey Chef Salad
Chicken Nuggets
Chicken Ranch Wrap
Pizza Loco

Sides: black charro beans, celery sticks, orange, **fresh watermelon**, applesauce

19

Chicken Patty Bar
Tossed Salad w/ Cheese
Spicy Popcorn Chicken
Turkey & Cheese Wrap
Pizza Loco

Sides: steamed broccoli, fresh baby carrots, orange, **fresh apple**, diced peaches

22

Spaghetti w/ Meat Sauce
Ham Chef Salad
Chicken Tenders
Turkey Sandwich
BBQ Sriracha Pizza

Sides: green peas, fresh tomato wedges, orange, apple juice, mixed fruit

23

Popcorn Chicken
Mashed Potato Bowl
Egg Caesar Salad
Popcorn Chicken
BBQ Chicken Wrap
BBQ Chicken Pizza

Sides: steamed carrots, jicama sticks, orange, **fresh apple slices**, applesauce

24

Corn Dog
Popcorn Chicken Salad
Spicy Chicken Sandwich
Ham & Cheese Sandwich
Hawaiian Pizza

Sides: campfire beans, celery sticks, orange, **fresh apple**, diced pears

25

Breaded Chicken Drumstick
Egg Caesar Salad
Chicken Nuggets
Chicken Ranch Wrap
Buffalo Chicken Pizza

Sides: mashed potatoes, fresh baby carrots, banana, **fresh watermelon**, applesauce

26

Early Release

More info...

Paid - \$2.65 Reduced - \$.00

Free for those who qualify.

Think you may qualify for free or reduced? Fill out an application!

Choice of milk included with meal: Skim, 1% White & Fat Free Chocolate
Additional Milk - \$.30 a la carte

More info... Served Daily:

Chicken Caesar Salad
Cheese Pizza & Pepperoni Pizza
Chicken Patty Sandwich & PB&J Sandwich
Hamburger & Cheeseburger
Oven Fries, Assorted Fresh & Canned Fruits
Made to Order Deli Bar
Made to Order Mexican Bar

Items in blue: Try something new!

All apples and apple slices are regionally grown!