



Elementary Schools

Lunch
October 2017

<p>2</p> <p>Pancakes & Sausage Patty Chicken Patty Sandwich Turkey & Cheese Sandwich Kickin' Pinto Taco Salad</p> <p>Sides: tater tots, fresh broccoli, fresh cantaloupe, mixed fruit</p>	<p>3</p> <p>Fish Sticks/Mac & Cheese Chicken Nuggets PB&J Sandwich Turkey Chef Salad</p> <p>Sides: green beans, fresh red pepper strips, banana, diced peaches</p>	<p>4</p> <p>Grilled Cheese Chicken Drumstick Ham & Cheese Sandwich Beef Nacho Salad</p> <p>Sides: steamed carrots, baked acorn squash, fresh apple, diced pears</p>	<p>5</p> <p>Mini Corn Dog Hamburger PB&J Sandwich Popcorn Chicken Salad</p> <p>Sides: chipotle baked beans, celery sticks, fresh orange, applesauce</p>	<p>6</p> <p>Cheese Pizza Chicken Tenders Cheese Sand on a Bun Ham Pizza Salad</p> <p>Sides: steamed broccoli, side salad, fresh apple, fruit juice</p>
<p>9</p> <p>Grilled Turkey & Cheese Chicken Drumstick Ham & Cheese Sandwich Tossed Salad w/Cheese</p> <p>Sides: mashed potatoes, fresh broccoli, fresh cantaloupe, mixed fruit</p>	<p>10 National Taco Day</p> <p>Soft Shell Tacos Popcorn Chicken PB&J Sandwich Caesar Salad</p> <p>Sides: green beans, fresh red pepper strips, fresh banana, diced peaches</p>	<p>11</p> <p>Broccoli & Cheese Baked Potato Chicken Nuggets Cheese Sandwich Ham Chef Salad</p> <p>Sides: steamed carrots, baked butternut squash, fresh apple, diced pears</p>	<p>12 Great Apple Crunch Day</p> <p>Chicken Nugget Bowl Hamburger PB&J Sandwich Egg Chef Salad</p> <p>Sides: vegetarian baked beans, celery sticks, fresh orange, applesauce</p>	<p>13</p> <p>Cheese Pizza Chicken Patty Sandwich Cheese Sand on a Bun Beef Taco Salad</p> <p>Sides: steamed broccoli, fresh baby carrots, fresh apple, fruit juice</p>
<p>16</p> <p>Salisbury Steak Popcorn Chicken PB&J Sandwich Winter Fruit & Cheese Plate</p> <p>Sides: french fries, fresh tomatoes, fresh cantaloupe, mixed fruit</p>	<p>17</p> <p>Popcorn Chicken Bowl Hamburger Ham & Cheese Sandwich Ham Pizza Salad</p> <p>Sides: steamed green beans, fresh cucumber slices, fresh banana, diced peaches</p>	<p>18 October B-Day's Carnival cookie</p> <p>Mac & Cheese Chicken Patty Sandwich PB&J Sandwich Ham & Turkey Cobb Salad</p> <p>Sides: steamed carrots, fresh celery, fresh apple, diced pears</p>	<p>19 National Pasta Day</p> <p>Rotini w/Meat Sauce Hot Dog Turkey sandwich Ranch Chicken Salad</p> <p>Sides: chipotle beans, fresh baby carrots, fresh orange, applesauce</p>	<p>20</p> <p>Cheese Pizza Fish Patty w/Cheese PB&J Sandwich Tossed Salad w/Cheese</p> <p>Sides: steamed broccoli, fresh red pepper strips, fresh apple, fruit juice</p>
<p>23</p> <p>Mozzarella Sticks w/Marinara Chicken Patty Sand. Ham & Cheese Sandwich Chicken Chef Salad</p> <p>Sides: steamed corn, fresh broccoli, fresh cantaloupe, mixed fruit</p>	<p>24</p> <p>Beef & Cheese Nachos Grilled Cheese PB&J Sandwich Chicken Nacho Salad</p> <p>Sides: steamed green beans, fresh red pepper strips, fresh banana, diced peaches</p>	<p>25</p> <p>Orange Chicken w/Broccoli & Rice Chicken Nuggets Tuna Sandwich Tossed Salad w/Cheese</p> <p>Sides: steamed carrots, fresh zucchini, fresh apple, diced pears</p>	<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>
<p>30</p> <p>Salisbury Steak Chicken Patty Sand. PB&J Sandwich Chicken & Cheese Salad</p> <p>Sides: steamed peas/carrots, fresh tomato wedges, fresh cantaloupe, mixed fruit</p>	<p>31</p> <p>Chicken Nugget Bowl Turkey Grilled Cheese Cheese Sandwich on a Bun Ham & Turkey Cobb Salad</p> <p>Sides: steamed carrots, jicama sticks, fresh banana, diced peaches</p>	<p>1</p> <p>Chili Mac Popcorn Chicken PB&J Sandwich Winter Fruit & Cheese Plate</p> <p>Sides: steamed green beans, celery sticks, fresh apple, diced pears</p>	<p>2</p> <p>Corn Dog Chicken Tenders Ham & Cheese Sandwich Popcorn Chicken Salad</p> <p>Sides: kickin pinto beans, fresh baby carrots, fresh orange, applesauce</p>	<p>3</p> <p>Cheese Pizza Cheeseburger PB&J Sandwich Bean Nacho Salad</p> <p>Sides: steamed broccoli, fresh cucumber slices, fresh apple, fruit juice</p>

More info...

Meal Prices: Paid - \$2.45 Reduced - \$.00
Free for those who qualify.

Think you may qualify for free or reduced? Fill out an application!

Choice of milk included with meal: Skim, 1% White & Fat Free Chocolate
Additional Milk - \$.30 a la carte

October 18th is Celebrate all October Birthdays!
Carnival Cookies will be served with all meals.

All whole Apples are now from Brightenwood Orchard in Burlington!
Items in green are regionally grown!

Items in blue- Try something new!

All Meals Include Protein, Bread, Fruit, Vegetable & Milk